

Safety Check ✓

From the Safety Chick

Riding in Winter

Like most of you, I hate to see the cycling season end. Even with plenty of other activities to keep me busy in the winter, I miss riding my bike. So whenever the opportunity arises, I dress in warm clothing (lots of layers), pump up the tires on the hybrid and go for a ride. Preferably (for me), the temps are above freezing and very little (or none) snow and ice. Putting a little more thought into the route is important. Some of the trails, paths and short-cuts that are used during the warmer months may not be accessible. Even though the roads are in fairly good shape, piles of snow/ice take a long time to melt. Bright clothing, lights and reflectors may be necessary even during the day. Listed below are number of websites that will give you even more information about riding in winter.

Tailwinds,
Safety Chick

www.bikewinter.org/main.php

www.bicyclinglife.com/Recreation/wintercycling.htm

<http://www.icebike.com/>

<http://joelclark.org/design/gearingup.html>