

Arlington 500 ^(B)



L	Kennicott to Oakton	1.1	1.1
R	Oakton to Wilke	.5	1.6
L	Wilke (cross RR tracks) to Commuter's Parking Lot Entrance	.2	1.8
R	Thru Commuter's Parking Lot to Rohlwing Rd (Arlington Park Race Track on left side.... look for ponies exercising)	1.2	3.0
L	Rohlwing Rd to Industrial	.5	3.5
R	Industrial (becomes Illinois) to Roselle Rd	2.7	6.2
R	Roselle Rd to Belmoral Dr	.1	6.3
L	Belmoral Dr to Belmoral Ln	.1	6.4
R	Belmoral Ln to Pheasant Trail	.4	6.8
L	Pheasant Trail to Ela (walk bike on path at end of Pheasant Trail to get to Ela)	.9	7.7
L	Ela to Freeman	.1	7.8
R	Freeman to Huntington	1.7	9.5
L	Huntington (becomes Freeman) to Mundhank	1.0	10.5
R	Mundhank to Witt (be careful crossing Barrington Rd)	1.7	12.3
R	Witt to Penny Rd	.9	13.1
	SAG STOP		
L	Penny Rd to Bateman	4.4	17.5
R	Bateman to County Line Rd (Lake-Cook Rd)	3.7	21.2
R	County Line Rd (Lake-Cook Rd) to Meadow Hill Rd	.3	21.5
L	Meadow Hill Rd to Spring Creek Rd	1.0	22.5
R	Spring Creek Rd to Ridge Rd	1.0	23.5
L	Ridge Rd to Plum Tree	1.0	24.5
R	Plum Tree (cross RR tracks) to Kelsey Rd	.5	25.0
S	Kelsey Rd to River Rd <i>(Kelsey Road House for possible Lunch Break)</i>	2.7	27.7
L	River Rd to Roberts Rd	1.8	29.5
L	Roberts Rd to Darrell Rd	1.7	31.2
R	Darrell Rd to Bonner Rd	2.4	33.6
R	Bonner Rd to Fairfield	3.8	37.4
R	Fairfield to Ivanhoe (entrance to Lakewood Forest Preserve just after crossing Rt 176)	1.3	38.7
R	Ivanhoe to sign for Shelter AB	.3	39.0
	SAG STOP - Toilet Facilities		
R	Ivanhoe to Old Rand Rd (no sign)	1.5	40.5
L	Old Rand Rd to Lake Shore Dr	.2	40.7
R	Lake Shore Dr (cross Rt 12 at stop light) to East Lake Shore Dr	.2	40.9
L	East Lake Shore Dr (Timberlake Estates)(becomes E. Oakwood Dr) to Indian Trails	1.7	42.6
R	Indian Trails to Rte 59	1.3	43.6
L	Rte 59 to Kelsey	.6	44.2
R	Kelsey to Old Barrington Rd	1.5	45.7
L	Old Barrington Rd to Cuba Rd	3.1	48.8
L	Cuba Rd to Ela	2.7	51.5
R	Ela to Northwest Hwy (cross Northwest Hwy to SAG STOP)	2.9	54.4

***** TURN ROUTE SHEET OVER *****

L	Northwest Hwy (take ramp on right) to Rt. 68	.3	54.7
R	Rt. 68 to Ela	.2	54.9
L	Ela to Banbury	.3	55.2
L	Banbury to Braeburn	.4	55.6
R	Braeburn to Milton	.5	56.1
L	Milton to Inverway	.4	56.5
R	Inverway to Dewey	1.1	57.6
R	Dewey to Palatine Rd	.3	57.9
R	Palatine Rd to Firth	.1	58.0
L	Firth to Durham	.1	58.1
L	Durham to Plymouth	.1	58.2
R	Plymouth to Appleby	.3	58.5
L	Appleby to Roselle Rd	.4	58.9
R	Roselle Rd Kenilworth	.2	59.1
L	Kenilworth to Maple	1.4	60.5
R	Maple (becomes Daniels) to Rose St	.2	60.7
R	Rose to Hellen Rd	.1	60.8
L	Hellen to Hicks Rd	.9	61.7
L	Hicks Rd th Northwest Hwy	.2	61.9
L	Northwest Hwy (turn right one block) to Kenilworth	-	
R	Kenilworth to Rohlwing Rd	.4	62.3
L	Rohlwing Rd to Anderson Dr	.9	63.2
R	Anderson Dr. to East Frontage Dr	1.2	64.4
R	East Frontage Dr to Cambridge	.2	64.6
L	Cambridge to Verde	.2	64.8
R	Verde to Alexandria	.1	64.9
L	Alexandria to Shenandoah	.1	65.0
R	Shenandoah to Kennicott and Frontier Park..... Check in!!	.3	65.3

Emergency Phone Number 640-2581