

SAFE BICYCLE DRIVER TODAY ... SAFE AUTOMOBILE DRIVER TOMORR INTRODUCTION

PARENTS

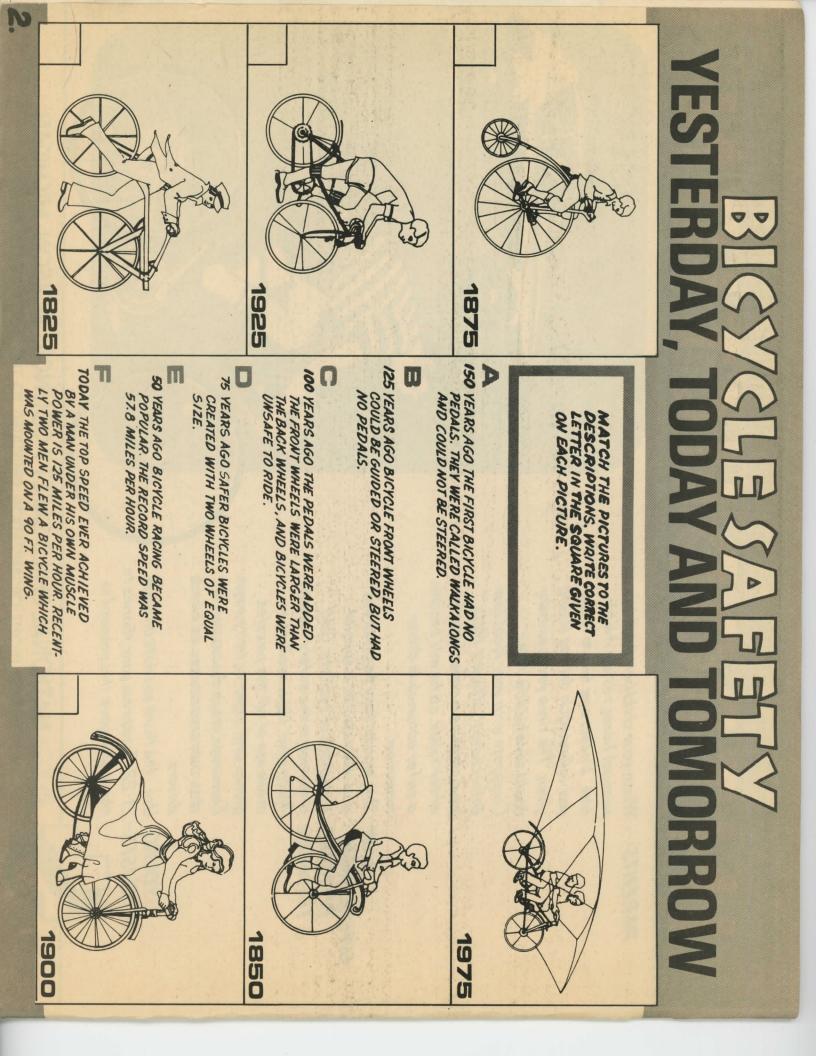
When your child brings this manual home, review it with him. Encourage him to learn and follow each driving lesson given. The time you spend now could save his life later. Cooperate with your local law enforcement officers. Help your child be a safer bicycle driver today, so he will become a safer automobile driver tomorrow.

LAW This manual may be given out ENFORCEMENT and discussed at a special OFFICERS assembly of cyclists. Call E. TEACHERS attention to the safety lessons illustrated. Urge cyclists to make use of all the puzzles games and other activity pages. Encourage group discussion of their own experiences as bicycle drivers

YOUNG Use the thank you note on page CYCLISTS - 21-22. To express your thanks to those who gave this manual to VOU.

> © 1976 NATIONAL CHILD SAFETY COUNCIL JACKSON, MICHIGAN A NON PROFIT ORGANIZATION DEDICATED TO THE SAFETY OF CHILDREN

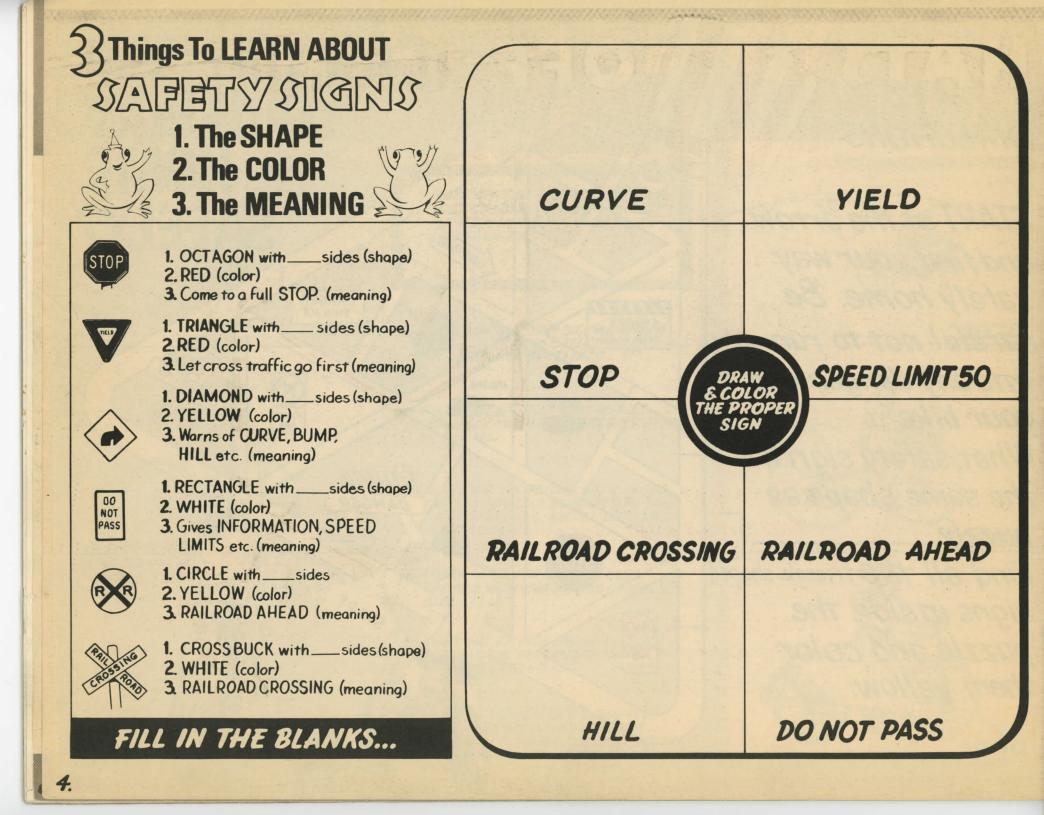
105





Mollay month JOJOJ PUE BIZZNO att abien engine Find all the triangle shaped *∂|ZZnd* se adeys ames ayt sey ubis Atates teym your bike. HIM Jabuep Kue of UI and at ton Intares safely home. Be Kem Inok puil pue WOINE 244 TE TAATS





CLATS OFF To America And SAFE

ØD

SING TO THE TUNE "AMERICA" I'll drive my bike along, And sing a safety song, On the right side! Safe bike rules I have heard, From the wise safety bird, Thank you for every word, As I safely drive.



IR

VING!

SAVE OUR BICYCLE DRIVER! A BLACKBOARD GAME THAT'S FUN TO PLAY

RULES YOU MAY USE FOR THIS GAME

1. Ride Single File

2. Give Signals

3. Keep Speed Down 4. Ride Safely For Fun

5. Keep Head Up

6. Light Up At Night

8. One Person To A Bike-7. Never Hitch Rides

The Driver

10. Keep eyes on The Road. 9. Park Your Bike Right 11. Lock Your Bike

19. Have Good Horn Or Bell 14. Steer With Both Hands 13. Pass Only On The Left 16. Vield The Right Of Way 18. Avoid Sidewalk Riding 17. Stop For Cross Traffic 12. Wear White At Night 15. Obey Traffic Laws



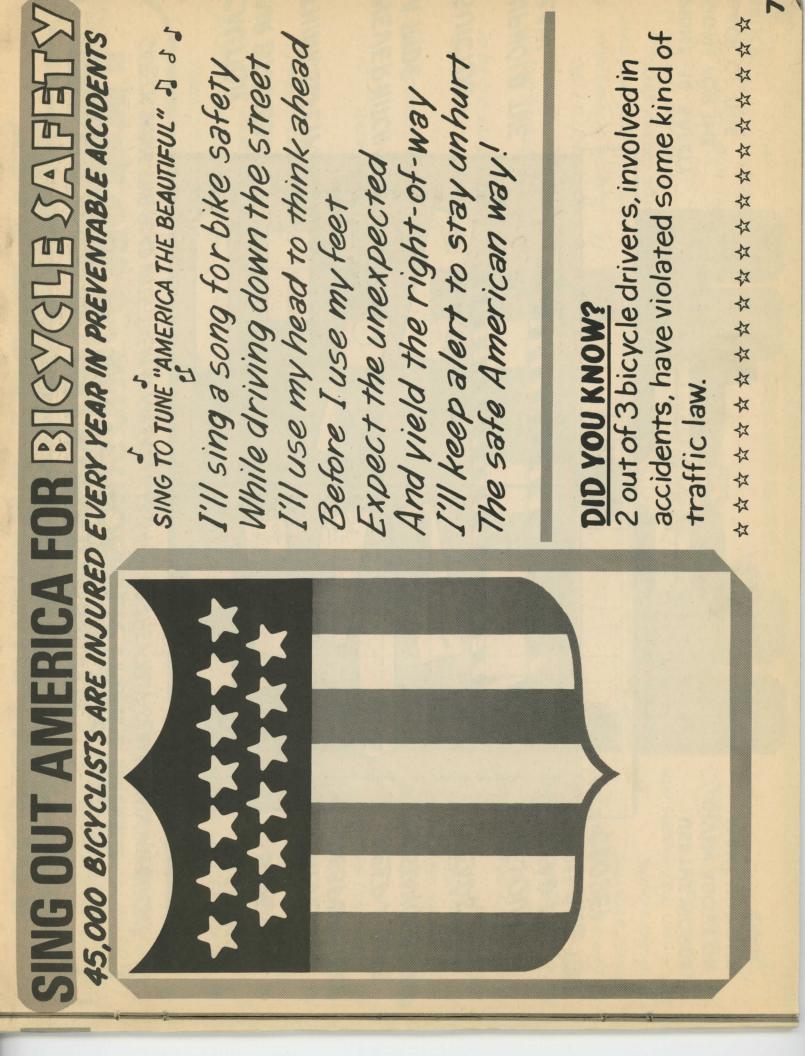
DIRECTIONS: The leader writes a safety rule using all X's instead of letters (You may use the rules found anywhere in this manual

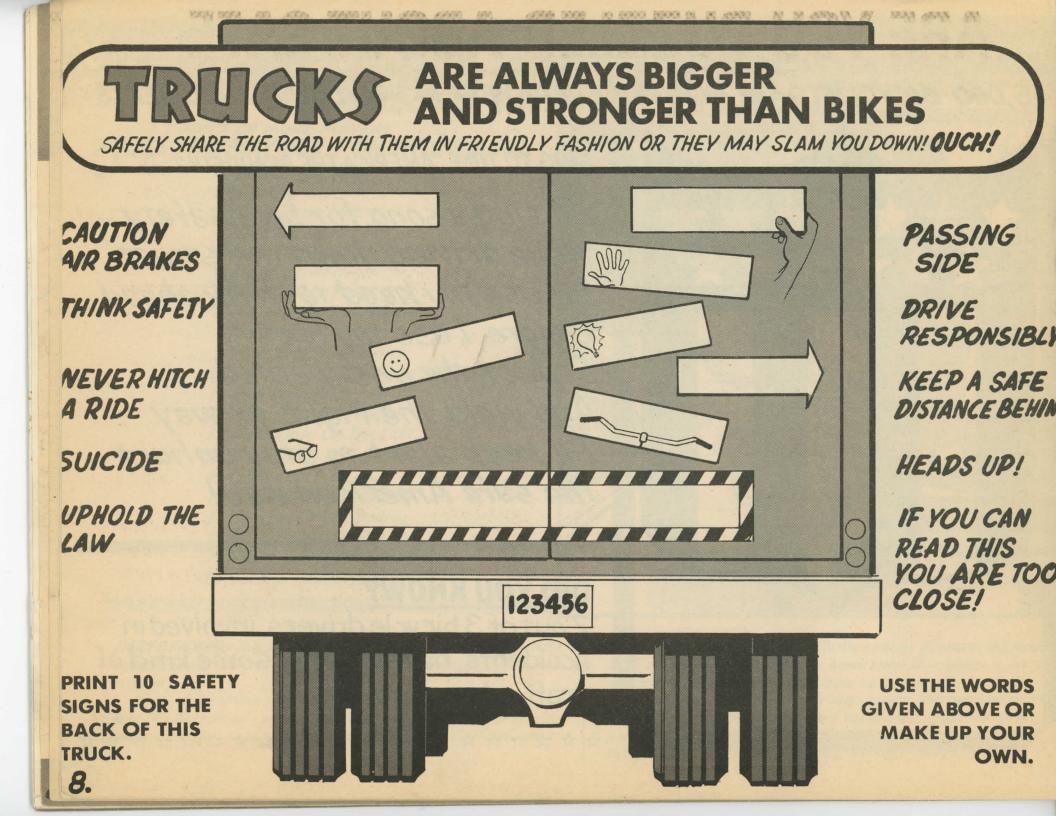
20. Safety-Check Your Bike

Each player draws a stick figure with head, body, 2 arms and 2 legs. The first player says a letter out loud. If that letter is in the safety rule the leader writes it under the proper X. If the letter

6

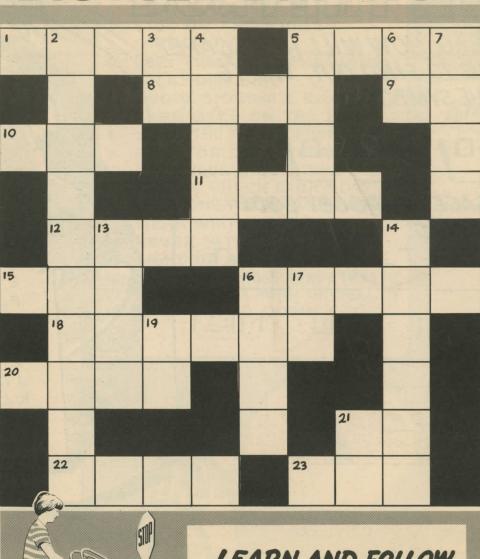
is not in the rule, the leader tells that player to erase the head. Each player takes his turn the same way. If you miss a letter game until all the letters have been given. You get one point points. The first one toget 30 points, wins the game. KNOW another part of the stick figure must be erased. Continue the for each part of the stick figure not erased, or a total of 6 THE BICYCLE RULES AND SAVE THE BICYCLE DRIVER!





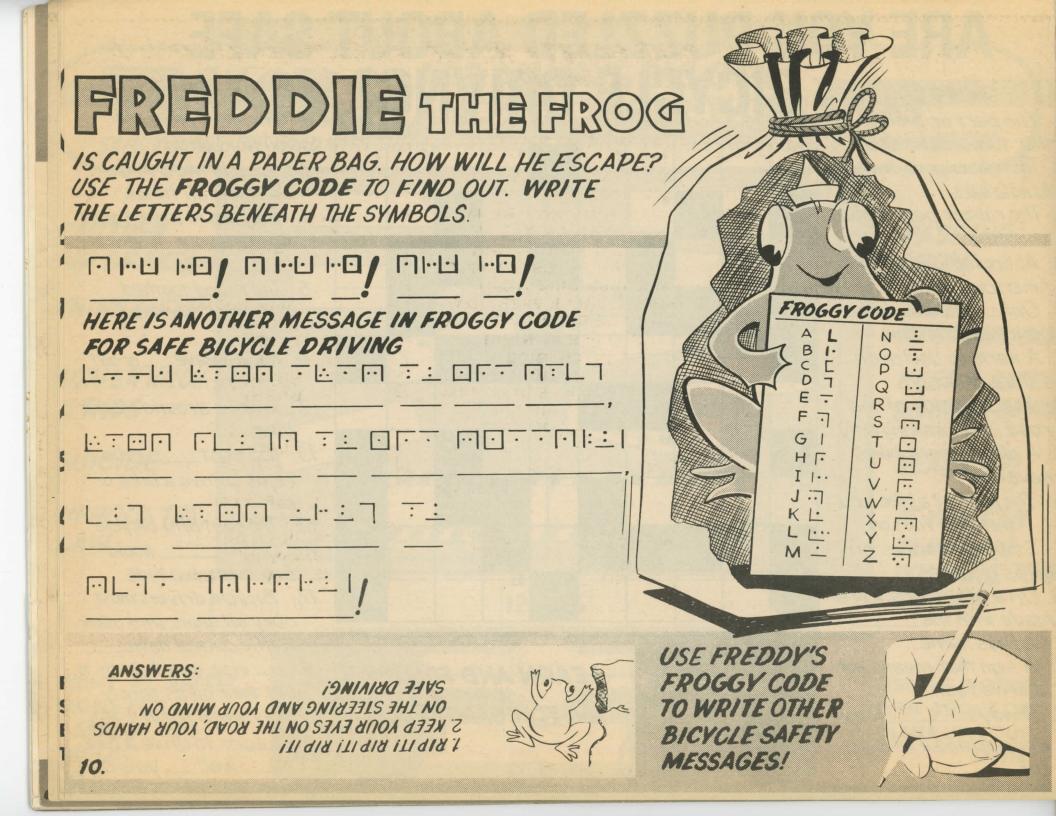
ACROSS BICYCLE DRIVNG?

- I. The part on a bike that turns the wheels
- 5. The rubber part on the handle bars.
- 8. The rubber part of the wheels.
- 9. Abbreviation for North America.
- 10. Only_____should be on a bike at a time.
- 11. A warning device on a bike or car.
- 12. The______side of the road is for walking only.
- 15. A place where bikes never go.
- 16. The part of a bike you put your foot on.
- 18 Stopping devices on bikes or cars.
- 20. On a bike, signals are made with the _____.
- 21. A Boys name.
- 22. A sign that means not to drive fast.
- 23, Always ______ caution while driving a bike or car.



LEARN AND FOLLOW

- DOWN 2. The part of a bike you hold on to. 3. ____ is wise to be careful at all times. 4. Be sure to have a good light on your bike for ____riding. 5. The round toothed part that turns the chain 6. Never weave ___ or out of traffic. 7. To drive around another bike 13. You must the right to drive a bike or car. 14. The seat on a bicycle 16. Only a ____ would beg to hitch a ride. 17. Bicycle drivers must obey all signs, and other traffic control devic
- 19. _____vise your friends to put their bikes safely away when not in use.
 21. Learn to drive a bike _____well____you can.





- 3. Put slips in a box and mix themup.
 5° AZANS ON

 4. The first player draws a slip and
 5. Check through the Bike Safety
 - Rules in Game #1

calls out the letter.

pass the box to the next player. 8. Continue playing until someone is able to check off all 18 rules.



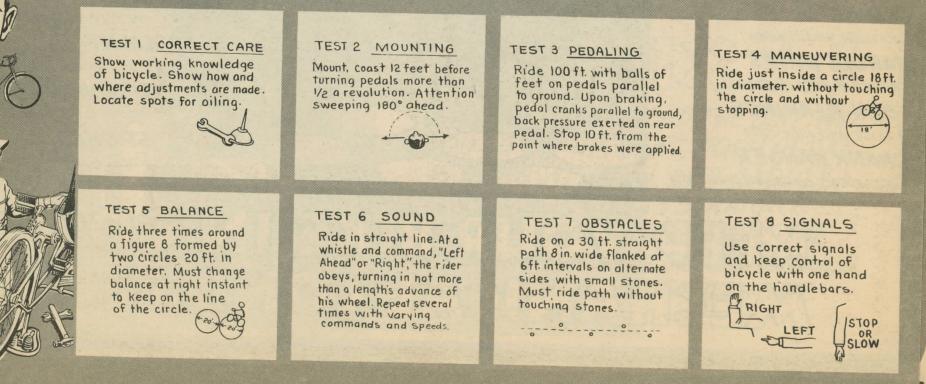
SEEK THE HELP OF SAFETY OFFICERS WHO ARE INTERESTED IN YOUR BICYCLE SAFETY. GOOD LOCATIONS TO HOLD AN OUTDOOR TOURNA-MENT ARE: Playgrounds, Athletic Fields, Vacant Lots, Fairgrounds etc. You may decide to begin the tournament with a colorful parade of gaily decorated bikes. A King and Queen of the Bicycle Tournament could lead the parade.

12.

BICYCLE TOURNAMENT

WHAT "TOURNAMENT IS A CONTEST OF SKILL INVOLVING A NUMBER OF IS IT? COMPETITORS AND A SERIES OF GAMES" - Dictionary Definition

Ideas for games, tests, riding competitions, races, contests, are given throughout this official Bicycle Safety Manual. Plan an official testing of Bicycle Knowledge, driving skills, and cyclist behavior. Give scoring points and award prizes to the winners. Local clubs and business men may wish to donate prizes.



CAN YOU NAME THE PARTS ON YOUR BICYCLE?

SADDLE Adjust to proper height

TIRES Inflate to correct press use

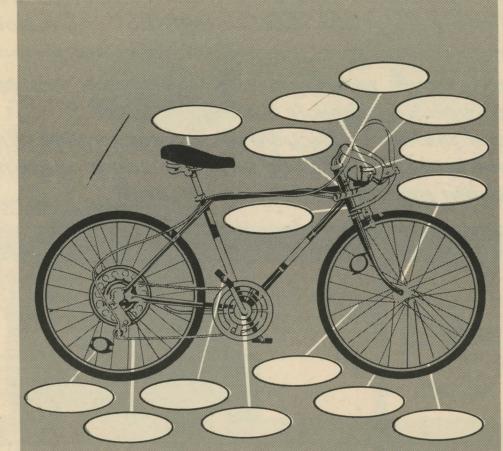
HANDLE BAR Set for proper height COASTER BRAKES

Lubricate and adjust

PEDALS Lubricate and tighten HANDLE GRIPS

Cement tightly. Replace

FORK BEARINGS Adjust and lubricate CRANK HANGER Keep, clean, greased and tight



CHAIN Clean And Lubricate WARNING DEVICE Loud enough to be heard at least 100 ft. WHEELS

Keep whee I nuts tight and bearings oiled.

REFLECTOR must be visable at 300ft. **LIGHT** must be visable at 500 ft.

TIRE VALUE Inspect for leaks

SPOKES Replace broken ones.

KEEP YOUR BIKE IN GOOD MECHANICAL CONDITION



A BIKE MUST FIT WHEN YOU STAND OR SIT. IT'S EASIER TO PEDAL A PROPERLY ADJUSTED BIKE FOX DTD

ASK A FRIEND TO HOLD THE BIKE WHILE YOU SIT ON THE SEAT. PUSH PEDAL IN DOWN POSITION. LIFT SADDLE UNTIL YOUR LEG IS STRAIGHT. TIGHTEN SEAT IN POSITION. THE CENTER OF HANDLEBARS SHOULD BE THE SAME HEIGHT AS THE TOP OF SADDLE.

,1到15次16亿

FIEX ISTA

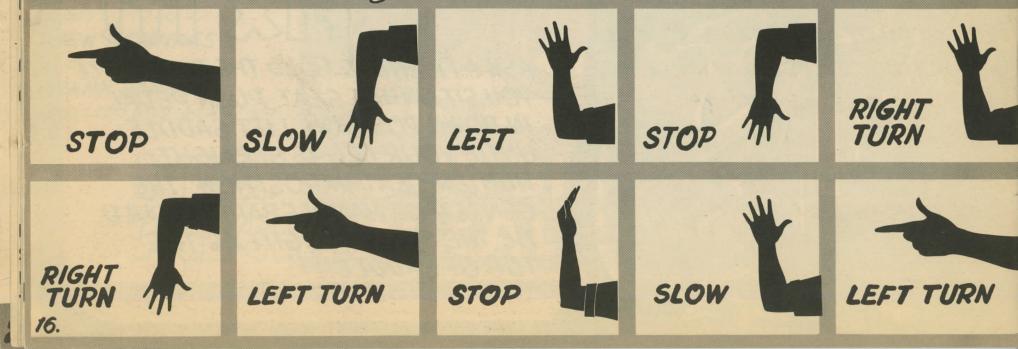
15

FILX IFT

USE YOUR ARM AND HAND TO SIGNAL THOSE BEHIND YOU SO THEY WILL KNOW WHAT YOU PLAN TO DO



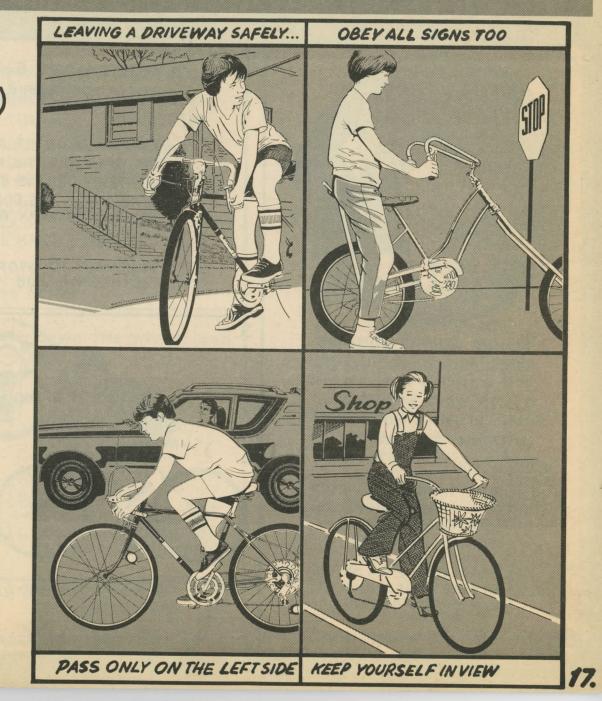
FIND THE 5 WRONG SIGNALS AND CROSS THEM OUT ...



GOOD RULES TO SING WHILE DRIVING YOUR BIKE

262256293

(Tune: Baa-Baa-Black Sheep) When you leave the driveway Do take special care Check once, check twice See what's there Obey the traffic signs They'll protect you Think of their importance And their reason too. When you pass another Know what to do Pass on the left side Keep yourself inview.





How will you score on the



You are driving your bike along the side of the street and a friend, also on a bike, a little ways behind you, calls to you to watch him drive no-handed.

WOULD YOU:

- A. TURN AROUND TO WATCH HIM, BEING CAREFUL TO KEEP YOUR HANDS ON THE HAND GRIPS.
- B. KEEP YOUR EYES ON THE STREET AHEAD, AND TELL HIM TO STOP SHOWING OFF.

18. C. STOP AND WATCH HIM.

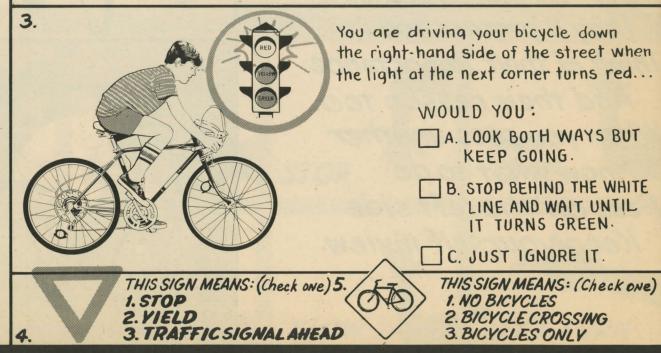
A neighbor girl, 5 years old, begs you to let her drive your bicycle around a block or two to practice...

- WOULD YOU A. EXPLAIN AS NICELY AS YOU COULD THAT SHE MIGHT GET HURT DRIVING YOUR BIKE SINCE SHE DOESN'T KNOW HOW VERY WELL.
- B. LET HER

2.

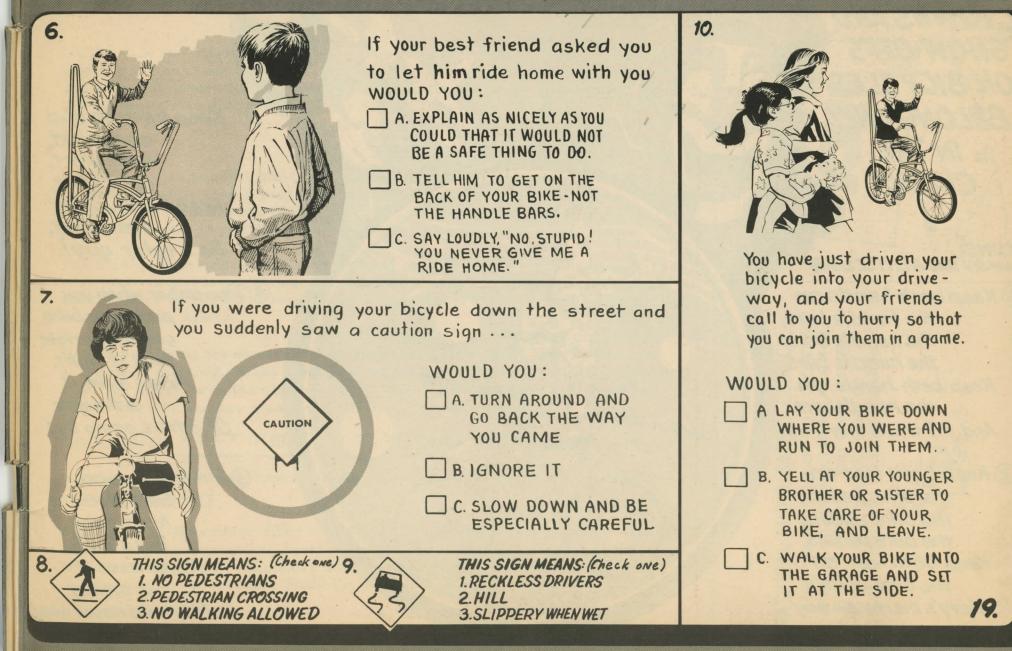
C. TELL HER TO STOP BOTHERING YOU





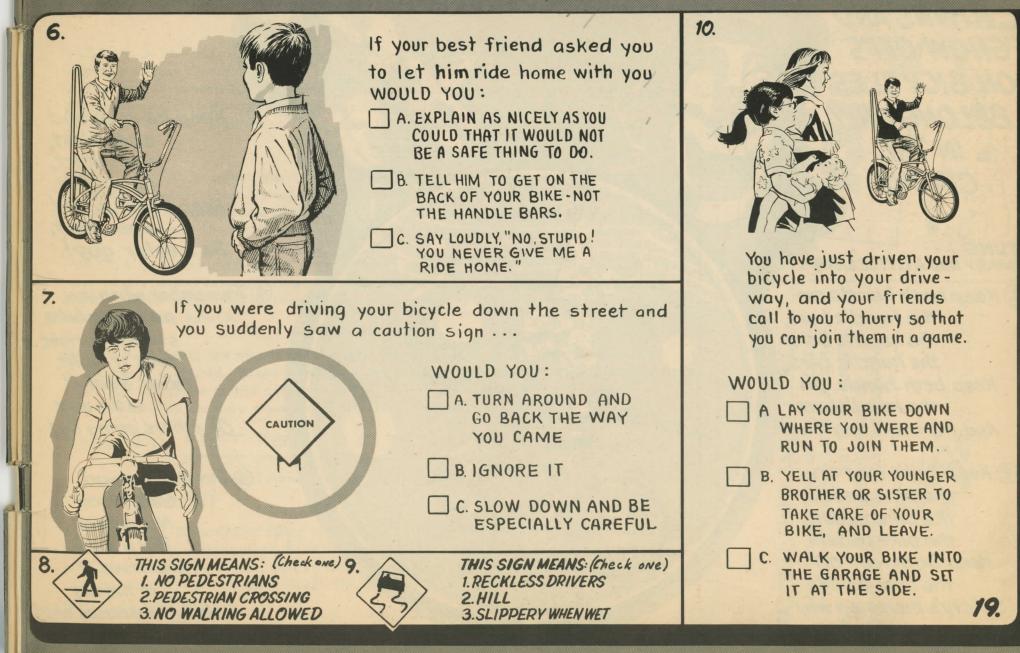
SAFE BICYCLE DRIVER'S TEST?

CHECK YOUR SCORE WITH THE RATINGS ON PAGE 22 SCORE.



SAFE BICYCLE DRIVER'S TEST?

CHECK YOUR SCORE WITH THE RATINGS ON PAGE 22 SCORE.



CLOWNS AND SHOW-OFFS ON THE STREETS CAUSE ACCIDENTS ON THE STREETS!

of Bike Safety!

Sing A Song

CLOWNS AND SHOW-OFFS ON BICY CLES BELONG ONLY IN THE CIRCUS

TUNE: "MARY HAD A LITTLE LAMB" 1. Keep both hands on the handle bars, the handle bars, the handle bars, Keep both hands On the handlebars, And, NO tricks they'll try!

2 Keep both feet on the bike pedals, the bike pedals, the bike pedals. Keep both feet on the bike pedals, Safety's the reason why 3 Keep head up and eyes alert, eyes alert, eyes alert, keep head up and eyes alert, Be a safer guy!

(4) Remember when you park your bike, stand it upright, lock it tight, Never leave it in the way, Of others going by!

5 Put it in a good Safe place Not a stack But a rack Never leave it in the way Safety's the reason why

SAFETY LESSON GUIDE FOR BICYCLE DRIVERS

PAGES 2-3-The history of bicycles is interesting. Ask your librarian for other helpful articles about early bicycles. What special safety rules are needed that were not needed 100 years ago? The triangle shaped sign means YIELD. Did you write that word on the proper blank? How many safe ways did you find to get home? There are more than just one. Did you recognize all the 11 dangers?

PAGES 4-5-Can you tell why it is important to know the shape, color, and meaning of safety road signs? How would this help you in a winter snow and ice storm or a springtime mud splash when the words might be covered so you couldn't read them? Learn the special bike safety song.

PAGES 6-7-Safety games are good ways to have fun while learning something very important. Playing this game will also help you to memorize the bicycle safety rules, so you won't forget them. Think about safety as you sing a happy song of bicycle safety.

PAGES 8-9-Using the words given, print up the blank signs seen on the rear of the truck pictured. Make sure that you put the right words on the proper sign. All the clues to the crossword will help you to think about safe driving. Try to make up another crossword puzzle for bicycle safety.

PAGES 10-11 FLFT TOL FIVE TOTIL CTTT

Get two or more of your friends to play these games while you learn more about bicycle safety.

PAGES 12-13-Encourage other bicycle drivers to join you in planning an outdoor bicycle tournament. Seek the help of your safety officers. Ask local bicycle clubs, shope, and others interested in cycling to help. Good planning is important to its success. Study the definition of the word tournament, and plan it accordingly.



VATIONAL CHILD SAFETY CUUNCIL JOINS THE WRITER OF THIS NOTE IN EXPRESSING APPRECIATION FOR THI ACTIVE INTEREST YOU HAVE TAKEN IN THE SAFETY EDUCATION OF BICYCLE DRIVERS IN YOUR COMMUNIT

21.



CITY					Dear	
STATE	ADDRESS GRADE	NAME				
						DATE
1.4			Nov a gran	A THE REAL PROPERTY IN		
			-			

PAGES 14-15-Write the name of the part in the proper spot. Do you know why it is important to have a bike fit you? How often should you check the mechanical condition of your bike? Should you drive a bike that needs any kind of repair or adjustment? Why not?

PAGES 16-17-Why is it necessary to use hand signals? If you think that nobody is behind you, should you use hand signals? Why? Sing the bicycle safety song. Try to make up other verses to the same tune.

PAGES 18-19-After you take the bicycle safety test, check your answers with these : 1. E, 2. A, 3-B, 4 2, 5 3, 6-A, 7-C, 8 2, 9 3, 10-C. Did you make a perfect score?

PAGES 20-21-Sing the bicycle safety song to the tune of "Mary had a little Lamb". Make up other verses using additional rules for safe bicycle driving. Cut the thank you note carefully on the dotted line.

PAGES 22-23-24-Write the thank you note and send it to one of the sponsors of this book or the Law Enforcement Department who made these manuals available to you. Register your bike with the safety officers. Leave your copy in the manual. The answers to the test questions are: 1F, 2T, 3F, 4T 5T, 6F, 7T, 8F, 9F, 10T.

BICYCLE SAFETY PLEDGE

Promise to follow

the bicycle driver's

safety rules.

Sign this pledge

and keep your promise.

I WILL ... Ride single file Keep to the right Look out for cars Never carry riders Obey all traffic laws Slow down at all crossings Avoid stunt riding or showing off Give pedestrians the right of way Keep my bicycle in good driving condition

22

WRITE

YOUR MESSAGE

OF THANKS

HERE

CH L

ON DOTTED

LINE

Your Bike Should Be PROPERLY REGISTERED

HAVE YOUR BICYCLE INSPECTED BY AN ADULT AT LEAST ONCE A YEAR!



CUT CAREFULL

Inspect and double check it yourself before you ride.

- I. WHEELS
- 2. TIRES
- 3. BRAKES
- 4. SEAT
- 5. HANDLEBARS
- 6. LIGHTS

OWNER'S COPY

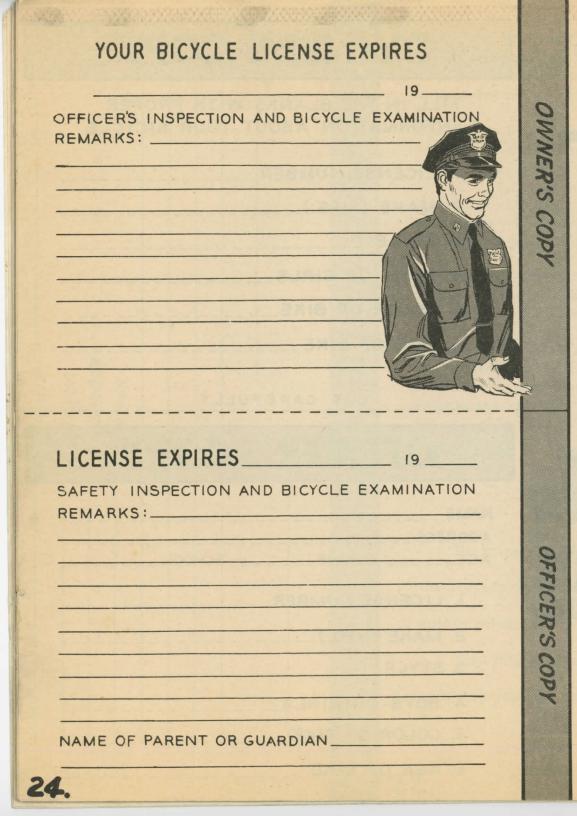
FILL IN THE BLANKS WITH PROPER INFORMATION ABOUT YOUR BICYCLE

I. LICENSE NUMBER
2. MAKE (MFG.)
3. STYLE
4. BOYS OR GIRLS
5. COLOR OF BIKE
6. AGE OF BIKE

CUT CAREFULLY

OFFICER'S COPY

NAME	12 3
ADDRESS	
AGEPHONE	
I. LICENSE NUMBER	
2. MAKE (MFG.)	
3. STYLE	
4. BOYS OR GIRLS	
5. COLOR OF BIKE	
6. AGE OF BIKE	



TRUE OR FALSE BICYCLE SAFETY QUIZZ

1.	RIDE YOUR BICYCLE ON THE LEFT
2.	TRAFFIC LAWS ARE FOR BICYCLE DRIVERS AS WELL AS AUTOMOBILE DRIVERS.
з.	IT IS SAFE TO HAVE TWO PEOPLE
4.	ALWAYS HAVE A HORN OR BELL WARNING DEVICE ON YOUR BIKE.
5.	ALWAYS GIVE PEDESTRIANS THE RIGHT - OF - WAY.
6.	IT IS OK TO DRIVE YOUR BIKE WITH "NO HANDS."
7.	WALK YOUR BIKE THROUGH BUSY INTERSECTIONS BUT STAY WITHIN CROSSWALKS.
8.	IT IS SAFE TO DRIVE YOUR BIKE WITHOUT RUBBER HAND GRIPS.
9.	IT IS SAFE TO DRIVE YOUR BIKE WITHOUT A CHAIN GUARD.
10.	ALWAYS PARK YOUR BIKE UPRIGHT, AND OUT OF OTHERS' WAY.
AN	ISWERS FOUND ON PAGE22
١.	WRITE DOWN 3 OTHER GOOD SAFETY RULES FOR BICYCLE DRIVERS.
2.	The state of the second distance of the secon
3.	APARTON A